

SUBJECT : ENGLISH (SET-II)**Time : 3 Hrs.****M.M.: 80****General Instructions :**

1. ***This paper is divided into four sections, A, B, C and D. All the sections are compulsory.***
2. ***Separate instructions are given with each section and question, wherever necessary. Read the instructions carefully and follow them meticulously.***
3. ***Do not exceed the prescribed word limit, while answering the questions***

SECTION-A (READING)

Q1. Read the passage given below and answer the questions that follow :

(8 marks)

1. While there is no denying that the world loves a winner, it is important that you recognize the signs of stress in your behaviour and be healthy enough to enjoy your success. Stress can strike anytime, in a fashion that may leave you unaware of its presence in your life. While a certain amount of pressure is necessary for performance, it is important to be able to recognise your individual limit. For instance, there are some individuals who accept competition in a healthy fashion. There are others who collapse into weeping wrecks before an exam or on comparing marks-sheets and finding that their friend has scored better.
2. Stress is a body reaction to demands or changes in its internal and external environment. Whenever there is a change in the external environment such as temperature, pollutants, humidity and working conditions, it leads to stress. In these days of competition when a person makes up his mind to surpass what has been achieved by others, leading to an imbalance between demands and resources, it causes psycho-social stress. It is part and parcel of everyday life.
3. Stress has a different meaning, depending on the stage of life you are in. The loss of a toy or a reprimand from the parents might create a stress shock in a child. An adolescent who fails an examination may feel as if everything has been lost and life has no further meaning. In an adult the loss of his or her companion, job or professional failure may appear as if there is nothing more to be achieved.
4. Such signs appear in the attitude and behaviour of the individual, as muscle tension in various parts of the body, palpitation and high blood pressure, indigestion and hyper-acidity. Ultimately the result is self-destructive behaviour such as eating and drinking too much, smoking excessively, relying on tranquilisers. There are other signs of stress such as trembling, shaking, nervous blinking, dryness of throat and mouth and difficulty in swallowing.
5. The professional under stress behaves as if he is a perfectionist. It leads to depression, lethargy and weakness. Periodic mood shifts also indicate the stress status of the students, executives and professionals. In a study sponsored by World Health Organization and carried out by Harvard School of Public Health, the global burden of diseases and injury indicated that stress diseases and accidents are going to be the major killers in 2020.
6. The heart disease and depression - both stress diseases - are going to rank first and second in 2020. Road traffic accidents are going to be the third largest killers. These accidents are also an indicator of psycho-social stress in a fast moving society. Other stress diseases like ulcers, hypertension and sleeplessness have assumed epidemic proportions in modern societies.
7. A person under stress reacts in different ways and the common ones are flight, fight and flee depending upon the nature of the stress and capabilities of the person. The three responses can be elegantly chosen to cope with the stress so that stress does not damage the system and become distress.

8. When stress crosses the limit, peculiar to an individual, it lowers the performance capacity. Frequent crossings of the limit may result in chronic fatigue in which a person feels lethargic, disinterested and is not easily motivated to achieve anything. This may make the person mentally undecided, confused and accident prone as well. Sudden exposure to un-nerving stress may also result in a loss of memory. Diet, massage, food supplements, herbal medicines, hobbies, relaxation techniques and dance movements are excellent stress busters.

- (a) On the basis of your reading of the above passage, answer the given questions :
- (i) What is stress? What factors lead to stress? (2)
 - (ii) What are the signs by which a person can know that he is under stress? (1)
 - (iii) Give any two examples of stress busters. (1)
 - (iv) How can one ensure that stress does not become distress? (1)
- (b) Find words from the passage that mean the same as the given words : (3)
- (i) fall down (para 1)
 - (ii) rebuke (para 3)
 - (iii) inactive (para 8)

Q2. Read the passage given below and answer the questions which follow : (7 marks)

Homeopathy has come to be known, over the years, as a form of medical treatment without side effects. In the eighteenth century, Dr. Samuel Hahnemann convinced that existing medical practices did more harm than good, began to look for an alternative that would be safe, gentle and effective. He reasoned that instead of suppressing symptoms as allopathy does, one should seek to stimulate them and so encourage and assist the body's natural healing process.

Hahnemann had already discovered that a small dose of quinine in a healthy person produced the symptoms of malaria. A number of systematic experiments followed this discovery. Hahnemann then worked to establish the smallest effective dose as he realized that this was the best way to avoid side effects. In so doing he unexpectedly discovered one of the basic tenets of homeopathy that the more a remedy was diluted, the more effective it became. Thus, by trial and by perseverance, Hahnemann finally arrived at his goal - an alternative form of medical treatment that was both effective and safe.

One of the principles of homeopathy is that a person's response to a disease varies according to his or her basic temperament. Thus, a homeopathy doctor will take into account the patient's temperament and responses to certain conditions before prescribing any medicine because it is the patient who is being treated and not the disease. Patients with the same ailment may often require different remedies. Rapid results are often achieved in cases of an acute illness but where a patient's vitality is low, the treatment may be long term. In chronic illnesses, sufferers must be patient and give homeopathy time to take effect.

Homeopathy does not reject the great discoveries of modern science, only their commercial abuse. In many cases, homeopathy is complementary to the newer methods of modern medical practice. In its present form, homeopathy has stood the test of time. Today it is highly developed in many countries and is accepted as a safe and effective form of medical treatment that stands in its own right.

- (A) On the basis of your reading of the above passage, make notes. Also use recognizable abbreviations wherever necessary. Supply a suitable title. (5)
- (B) Write a summary of the above passage in not more than 80 words. (2)

SECTION-B (WRITING)

- Q3. You have recently started a Yoga Centre for school children. Draft an advertisement to be published in a local daily, giving all relevant details. (4)

OR

Draft a suitable notice for your school notice board informing the students about the Magic Show organized by your school in aid of Flood victims of Assam. You are Mithun/Meeta.

- Q4. You are Rajan/Leela. You have observed that Health Clubs and Beauty Parlours are mushrooming everywhere. Recently the President of your colony organized a seminar on this subject wherein people talked about the growing awareness of health and beauty amongst urban middle class. Write a report of the seminar in not more than 125 words for publication in a magazine. (6)

OR

You had visited an art exhibition in which paintings and sculptures were displayed beautifully in a district school. Write a description of the exhibition, the inauguration, cultural programme etc.

- Q5. During a recent visit to Connaught Place, you saw the repairing, beautification and modification of the buildings, roads and shops etc. You were impressed by the concern shown by the Government but you want that other buildings and monuments also should be taken care of and citizens must lend a helping hand to the Government initiative. Write an article for a newspaper about 'Our Heritage - Our Responsibility' (150-200 words). (8)

OR

You are Sumit/Sumitra. You came across a group of children who were trying to imitate the stunts of cartoon characters and super heroes like Spiderman etc. They pounced, they boxed and hit each other violently in a mindless manner. You get disturbed by this and decide to write an article on the issue of growing violence in children. (150-200 words)

- Q6. You attended a Career Counselling Programme organised by 'Careers India'. You had the opportunity of listening to professionals from various fields like food technology, fashion technology and media management. Write a letter to the Editor of a local daily suggesting that such programmes should be arranged in Govt. Sr. Sec. Schools also. (7)

OR

Write a letter to a national daily, addressing the Editor about how students have become totally dependent on coaching and tuition classes which are mushrooming everywhere. Students feel that attending classes is a waste of time which is a cause of concern for schools and teachers. Write your opinion on this problem. You are Sudhakar/Dipa.

SECTION-C (TEXT BOOKS)

- Q7. Read the extract given below and answer the questions that follow : (3 marks)

The cardboard shows me how it was
When the two girl cousins went paddling,
Each one holding one of my mother's hands,
And she the big girl - some twelve years or so.

- (a) What does the word 'cardboard' suggest?

(1)

- (b) Where had the girls gone? With whom? (1)
- (c) Why were the two cousins holding on to the poet's mother's hand? (1)

OR

I am the Poem of Earth, said the voice of the rain,
 Eternal I rise impalpable out of the land and the
 bottomless sea
 Upward to heaven, whence, vaguely form'd, altogether
 changed, and yet the same

- (a) Identify and explain the poetic device used in the above lines. (1)
- (b) What does the rain say about its origin? (1)
- (c) Explain : 'I rise impalpable'. (1)

Q8. Answer the following questions in about 30-40 words each : (2x2=4)

- (a) 'All three stood still to smile through their hair'. What does the poet wish to convey in the given sentence?
- (b) What is the parallel drawn between rain and music in the poem 'The Voice of the Rain'?

Q9. Answer any three questions from the questions given below : (2x3=6)

- (a) "It was hard to believe". What was hard for the author to believe about his grandmother in the story 'The Portrait of a Lady' and why?
- (b) Who visited uncle Khosrove one afternoon? What was he worried about?
- (c) The narrator's mother failed to see through the clever manipulation of Mrs. Dorling? Do you agree? Why/Why not?
- (d) How did Sue and the author describe Ile Amsterdam?

Q10. Answer any one of the following questions in 125-150 words : (7)

"From a caring grandmother" in the village to a "lonely old lady" in the city. Describe the grandmother's journey from the village to the city in the light of the above statement.

OR

Write a note on the role of the narrator in arranging Ranga's marriage with Ratna.

Q11. "In testing times love and support of the family induces a fighting spirit and provides necessary emotional support to a person". In the story 'We're not Afraid to Die....', the children demonstrated exemplary courage and this helped the narrator to face adversity. In the light of the above statement write an article in 100 words highlighting the importance of love, support and bonding between parents and children. (5)

SECTION-D (LONG READING TEXT)

- Q12. The Ghost felt insulted when Mr. Otis gave him the lubricator. He remembered various incidents of his past glory. What incidents did he remember? (150 words) (8)
- Q13. Write a short note on the character of the Twins in the book 'The Canterville Ghost'. (150 words) (7)